Recipes to Recovery

WILLIAM'S LEMON DRIZZLE CAKE



Lemon Syrup

80ml water

100g sugar

Water long

Lemon zest

300g ling sugar 60ml Lemon juice

200ml Temon juice



"Easing people back into a normal life after trauma is hugely important. A charity that does this in such a humane way is something everyone should support."

William Curley MCA is one of Britain's finest patissier-chocolatiers



To Assemble

First, prepare the lemon syrup:

1. Boil together the lemon, water and sugar to form a syrup. Set aside until ready to use.

Make the water icing:

2. Beat together the icing sugar, lemon juice and zest. Cover and set aside until ready to use.

Next, prepare the cakes:

- 3. Preheat the oven to 170°C, grease the loaf tins and line with silicone paper.
- 4. Sift the flour, baking powder and salt together twice in a bowl. Melt the butter in a saucepan and leave to cool. Put the eggs, sugar and lemon zest in a mixing bowl and beat together. Gradually add the cream and dark rum. Gradually add in the melted butter, then fold in the dry ingredients. Spoon the mixture (300g) into the prepared moulds.

Bake and finish:

Lemon Drizzle Cake

Ingredients:

Equipment:

Lemon Cake

19 salt

80g unsalted butter

4 medium sized eggs

120ml whipping cream

280g caster sugar Zest of 4 lemons

20ml dark rum

220g plain flour

4g baking powder

Makes 3 x 6 portion cakes

Three 23 x 3.5 x 6cm loaf tins

Confit Lemon, Apricot nappage (glaze or jam)

- 5. Bake for 25-30 minutes. Remove from the oven and place the cakes on a wire rack to cool in their tins slightly. Increase the oven temperature to 200°C. Demould then brush the cakes with the lemon syrup while still warm. Glaze with melted apricot nappage.
- 6. Brush the prepared water icing onto the cakes. Bake in the oven for 2-3 minutes.
- 7. Remove from the moulds and allow to cool.
- 8. Decorate with the lemon confit pieces.

Store in an airtight container and consume within 2-3 days.

This recipe is featured in Nostalgic Delights: Classic Confections & Timeless Treats published by Jacqui Small.

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