If today I am still alive I owe it the kindness of the supporters. Thank you for all the lives you have saved and for the lives you will save tomorrow.

Jassist, a Freedom from Torture client.
How to leave a gift in your Will

You may feel that you don’t have much to leave in your Will but any gift that you choose to leave to Freedom from Torture, regardless of its size, will be immensely valuable to those we help. If you don’t already have a Will we strongly recommend that you contact a solicitor so that a legal document can be drawn up that clearly states your wishes. They will charge a fee for drafting your Will but it will be considerably less than the legal costs involved because, unlike a pecuniary gift, it retains its value over time.

A Pecuniary Gift — This is a fixed amount of money.

A Specific Gift — For example an antique, a piece of jewellery or land, buildings or investments that you wish to pass on.

Your solicitor will advise you on suitable wording to include a gift to Freedom from Torture, our suggested form is:

I give free of inheritance tax to Freedom from Torture (Medical Foundation for the Care of Victims of Torture Registered Charity Number: 280348) of 111 Alexander Road, London N7 7AN the details of my gift below, i.e. 10% of the residue of my estate to be used for its general charitable purposes. I declare that the receipt of the Treasurer or duly authorised officer of Freedom from Torture shall be a full and sufficient discharge for my Executors.

If you already have a Will but wish to include a gift to Freedom from Torture you can do so easily by adding a Codicil to your existing instructions. Ask your solicitor about this or contact us for a Codicil form to complete.

Once your Will and any Codicils are completed, signed and witnessed you will need to keep the documents in a safe place. It can be a good idea to leave a copy with your solicitor. Let your Executors know where your Will is stored.

We appreciate that choosing to leave a legacy to Freedom from Torture is a significant decision, so please do call us on 0207 497 7188 if you have any questions.

Your legacy, a gift to transform a life

By remembering Freedom from Torture you can know that your gift will help transform the lives of those who have experienced torture and persecution. Your gift could be used in so many ways. It could help maintain our horticultural therapy project, fund our network of skilled clinicians offering physical and psychological therapy, or maintain our Medico-Legal Report team who provide independent documentation of torture to support survivors’ asylum applications.

Your legacy will breathe hope back into the lives of the torture survivors who come to us for help.