

WELCOME PACK



FREEDOM FROM TORTURE
NORTH LONDON SUPPORTERS GROUP

WELCOME

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Welcome to Freedom from Torture (FfT)
North London Supporters Group!

Freedom from Torture supports survivors of torture in the UK through medical, therapeutic and legal support, and campaigns for a safer and fairer system for survivors.

Our supporters group raises money and awareness to support FfT's service and campaigns.

The group brings together varied life experiences and skills bringing ideas and giving time when we can. Refugees and survivors of torture come from many places and backgrounds, and volunteers do too. We welcome new ideas and fresh perspectives.

Whether you have a fundraising idea already or want to give time to bring others ideas to life, your contributions will make a great addition to our group. If you have a commitment to a world free from torture and live in or around North London, we'd love to hear from you!

Joanna - Group Chair

What we do

- 1 Fundraise, have fun, learn new skills**
We're ambitious. In the past we've organised successful literary and cultural events, pub quizzes and ceilidhs. We want new ideas. No idea is too big or small.
- 2 Working with others**
We work closely with the FfT headquarters team and other supporters groups across the country. We support their events as they do ours. We believe in collaboration. Zoom and other technologies make this easier.



A BRIEF HISTORY OF FREEDOM FROM TORTURE'S NORTH LONDON SUPPORTERS GROUP

1990

Freedom from Torture's Hampstead and Highgate Supporters Group was formed in the mid-1990s by Margaret Wolfson, a major supporter of the Medical Foundation for the Care of Victims of Torture (as FfT was originally known).

2014

In 2014, the group changed its name to the more inclusive North London Supporters Group. It also welcomed its first university students who became enthusiastic Chairs and led the way for other student members to join.

2020

In 2020 at the start of the global pandemic we successfully moved over to on-screen events and meetings.

2021

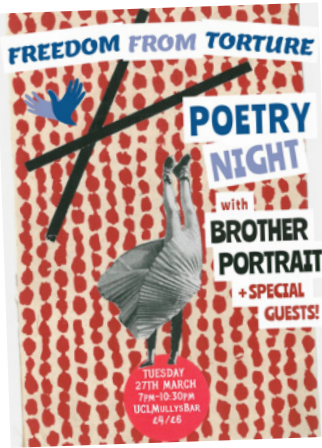
During 2021, the group raised its highest annual sum ever - well in excess of £20,000 thanks to the Crossing Over Water campaign.

Now

With your help we could raise more for all those who have suffered torture.



OUR RECENT FUNDRAISERS



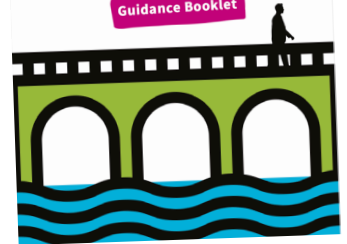
Poetry Night



Virtual Tour

CROSSING OVER WATER
 FOR FREEDOM FROM TORTURE

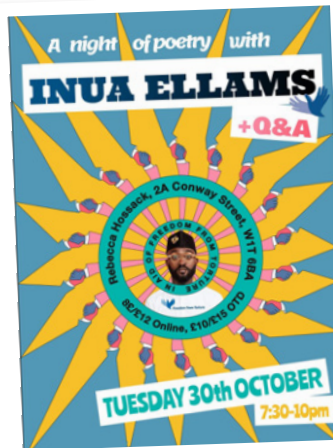
Guidance Booklet



National Fundraiser



Life Drawing



Poetry Night

PATRICK GALE
 READS FROM REFUGEE TALES

FREEDOM FROM TORTURE NORTH LONDON SUPPORTERS GROUP INVITES YOU TO A VIRTUAL READING OF 'THE EMBROIDERER'S TALE'



PLUS Q&A AND PERFORMANCE BY THE SING FOR FREEDOM CHOIR. PRODUCED BY TOGETHER PRODUCTIONS
 14 JANUARY 7-8PM
 BOOK HERE: [BIT.LY/REFUGEEETALES](http://bit.ly/refugeetales)

Reading Event



Reading Event



Pub Quiz

Sue MacGregor



in conversation with
James Naughtie

Live Conversation

A LITTLE BIT MORE ABOUT US...



Adam, Secretary

I worked previously as a solicitor, mostly in law centres. We often got medico-legal reports from the Medical Foundation (as it was then called) to support our clients' claims for asylum.



Holly

I joined the FfT North London group whilst at university... It turned out to be one of the best things I could have done! As a student, the experience also taught me a variety of skills that I could then transfer to my CV, such as creativity, working with others, social media and fundraising. I often work on the graphics and marketing for the events we run.



Alan

I am a retired businessman. I also helped set up and run the Ledbury Poetry Festival. I first heard about FfT in 1998, when the director of the Hay Festival arranged a 'Wall of Poetry' in support of FfT. As instinctive opponents of war, torture and cruelty, my wife Judy and I have supported Freedom from Torture ever since. The North London group is particularly enjoyable because of its mix of younger and older age groups.



Lin

I became a member of the North London Group by accident. I thought I had signed up to join a bike ride, then found myself joint organising an event for the London stage of the ride. This happy accident brought me into working with a lovely group of 'cando' people. It has been a very stimulating experience for a retired person – meeting people with experience from very different fields, learning about social media, being surprised and energised by the creativity and the commitment in the group.



Luxia

As a medical student, I became interested in Freedom from Torture after being introduced by a close friend. I was able to shadow the amazing FfT team at HQ for two weeks, which then sparked interest in joining the local group. As a committee member, I am constantly inspired by the group's welcoming nature, commitment and creativity.

LIKE WHAT YOU HEAR? GET IN TOUCH!

You are welcome to join a meeting, get to know us better, join our mailing list or come to one of our events. We understand people are busy and commitments ebb and flow, and so can your participation in the group.

Contacts are on the right, drop us an email and say hello!



fftnlondon@gmail.com



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